MAR UB 2009

FORM D

Notice of Exempt Offering of Securities Vischington, DC 105 U.S. Securities and Exchange Commission Washington, DC 20549

(See instructions beginning on page 5) Intentional misstatements or omissions of fact constitute federal criminal violations. See 18 U.S.C. 1001.

OMB Number: 3235-0076 Expires: March 31, 2009

OMB APPROVAL

Estimated average burden hours per response: 4.00

Item 1. Issuer's Identity				
Name of Issuer		Previous Name(s)	None	Entity Type (Select one)
Verizon Communications Inc.		Frevious (4ame(s)	None	Corporation
Jurisdiction of Incorporation/Organization	on		lillilli umo cassa	Limited Partnership
Delaware	;			Limited Liability Company
Delaware		09004	######################################	General Partnership
Year of Incorporation/Organization	ļ	<u></u>	•	Business Trust
(Select one) Over Five Years Ago Within Last Five	o Vears		as Ba Farmad	Other (Specify)
 Over Five Years Ago Within Last Five (specify years) 		O ret	to Be Formed	
(If more than one issuer is filing this notice	check th	is box and identify	additional issuer(s) h	y attaching items 1 and 2 Continuation Page(s).
•				y actualisting rems i una 2 communication i agers,
Street Address 1	s anu (- Untact ini Utiliati	Street Address 2	
	<u> </u>		Street Address 2	
140 West Street			L	
City	State	/Province/Country	ZIP/Postal Code	Phone No.
New York	New	York	10007	212-395-2121
Item 3. Related Persons				
Last Name		First Name		Middle Name
	 -			Wildde Name
Carrion		Richard		L
Street Address 1			Street Address 2	
140 West Street				ppOCE3ve
City	State/	Province/Country	ZIP/Postal Code	2 2 5 2009
New York	New Y	/ork	10007	PROCESSED MAR 2 5 2009 THOMSON REUTERS
Relationship(s): Executive Officer	Dire	ctor Promoter		CHACON REVIEWS
	<u>(A)</u>			HOMO
Clarification of Response (if Necessary)				
	-	itionai related persons	by checking this box	$oxed{oxtimes}$ and attaching item 3 Continuation Page(s).
item 4. Industry Group (Select	t one)			
Agriculture		Business	Services	Construction
Banking and Financial Services Commercial Banking	ŀ	Energy Flectri	ic Utilities	REITS & Finance
Insurance		\subseteq	y Conservation	Residential
investing		Coal N		Other Real Estate
Investment Banking		\sim	nmental Services	Retailing
Pooled Investment Fund		Oit&G	Sas	Restaurants
If selecting this industry group, also se	lect one fi	und Other	Energy	Technology
type below and answer the question b	pelow:	Health Ca	ro	Computers
Hedge Fund			hnology	Telecommunications
Private Equity Fund		Ŭ Health	Insurance	Other Technology
Venture Capital Fund		O Hospit	als & Physcians	Travel
Other Investment Fund		O Pharma	aceuticals	Airlines & Airports +-
Is the issuer registered as an inve		Other I	Health Care	Conventions Lodging & Conventions
company under the Investment Act of 1940? Yes No		○ Manufact	uring	Tourism & Travel Services
Other Banking & Financial Services		Real Estat	•	Other Travel
,		Comm	ercial	Other

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Revenue Range (for issuer not specifying "hedgor" or "other investment" fund in item 4 above)	lge" Aggregate Net Asset Value Range (for issuer specifying "hedge" or "other investment" fund in
No Revenues \$1 - \$1,000,000 \$1,000,001 - \$5,000,000 \$5,000,001 - \$25,000,000 \$25,000,001 - \$100,000,000 Over \$100,000,000 Decline to Disclose Not Applicable Item 6. Federal Exemptions and Exclusions	No Aggregate Net Asset Value \$1 - \$5,000,000 \$5,000,001 - \$25,000,000 \$25,000,001 - \$50,000,000 \$50,000,001 - \$100,000,000 Over \$100,000,000 Decline to Disclose Not Applicable
	Investment Company Act Section 3(c)
Rule 504(b)(1) (not (i), (ii) or (iii)) Rule 504(b)(1)(i) Rule 504(b)(1)(ii) Rule 504(b)(1)(iii) Rule 505 Rule 506 Securities Act Section 4(6)	Section 3(c)(1) Section 3(c)(9) Section 3(c)(2) Section 3(c)(10) Section 3(c)(3) Section 3(c)(11) Section 3(c)(4) Section 3(c)(12) Section 3(c)(5) Section 3(c)(13) Section 3(c)(6) Section 3(c)(14) Section 3(c)(7) Section 3(c)(14)
New Notice OR Amendr	ment
Date of First Sale in this Offering:	OR First Sale Yet to Occur
tem 8. Duration of Offering	
Does the issuer intend this offering to last more the	than one year? X Yes No
•	ect all that apply)
Equity	Pooled Investment Fund Interests
ズ Debt	☐ Tenant-in-Common Securities
Option, Warrant or Other Right to Acquire	Mineral Property Securities
Another Security	Other (Describe)
Security to be Acquired Upon Exercise of Option, Warrant or Other Right to Acquire Security	
Warrant or Other Right to Acquire Security	

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Item 11. Minimum Investment	
Minimum investment accepted from any outside investor \$	250,000
Item 12. Sales Compensation	
Recipient	Recipient CRD Number
Goldman Sachs & Co.	361 No CRD Number
(Associated) Broker or Dealer None	(Associated) Broker or Dealer CRD Number
	☐ No CRD Number
Street Address 1	Street Address 2
85 Broad Street	
City State/Province	/Country ZIP/Postal Code
New York New York	10004
States of Solicitation X All States	
AL AK AZ AR CA GOTTA	ME MD MA MI MN MS MO
	NO. MINE MINES MORE MORE MORE MAN
RI SC SD TN TX UT	VT VA WA WW WI WY PR
(Identify additional person(s) being paid compensation 13. Offering and Sales Amounts	ion by checking this box and attaching Item 12 Continuation Page(s).)
(a) Total Offering Amount	OR 🗵 Indefinite
(b) Total Amount Sold \$	
(c) Total Remaining to be Sold (Subtract (a) from (b)) Clarification of Response (if Necessary)	OR 🗵 Indefinite
Total amount outstanding at any one time cannot exceed \$6	Billion.
Item 14. Investors	
Check this box if securities in the offering have been or may be so number of such non-accredited investors who already have invested	old to persons who do not qualify as accredited investors, and enter the d in the offering:
Enter the total number of investors who already have invested in th	e offering: 100
item 15. Sales Commissions and Finders' Fees Exp	enses
Provide separately the amounts of sales commissions and finders' fe check the box next to the amount.	es expenses, if any. If an amount is not known, provide an estimate and
S	ales Commissions \$ 1,800,000 X Estimate
Clarification of Response (if Necessary)	Finders' Fees \$ 0 Estimate
Commission is based on the assumption that the full \$6 Billior outstanding.	ı is

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item 16. Use of Proceeds	
Provide the amount of the gross proceeds of the offering that has been or used for payments to any of the persons required to be named as directors or promoters in response to Item 3 above. If the amount is unlestimate and check the box next to the amount.	executive officers, \$ 0
Clarification of Response (if Necessary)	
Proceeds are used for general corporate purposes	
Signature and Submission	
Please verify the information you have entered and review the	Terms of Submission below before signing and submitting this notice.
Terms of Submission. In Submitting this notice, each ic	dentified issuer is:
process, and agreeing that these persons may accept service of such service may be made by registered or certified mail, in an against the issuer in any place subject to the jurisdiction of the activity in connection with the offering of securities that is the provisions of: (i) the Securities Act of 1933, the Securities Exchange Company Act of 1940, or the Investment Advisers Act of 1940, State in which the issuer maintains its principal place of business.	usiness and any State in which this notice is filed, as its agents for service of on its behalf, of any notice, process or pleading, and further agreeing that my Federal or state action, administrative proceeding, or arbitration brought a United States, if the action, proceeding or arbitration (a) arises out of any a subject of this notice, and (b) is founded, directly or indirectly, upon the ange Act of 1934, the Trust Indenture Act of 1939, the Investment or any rule or regulation under any of these statutes; or (ii) the laws of the less or any State in which this notice is filed.
110 Stat. 3416 (Oct. 11, 1996)] imposes on the ability of States to requi "covered securities" for purposes of NSMIA, whether in all instances or routinely require offering materials under this undertaking or otherwi so under NSMIA's preservation of their anti-fraud authority.	tional Securities Markets Improvement Act of 1996 ("NSMIA") (Pub. L. No. 104-290, lire information. As a result, if the securities that are the subject of this Form D are reduced to the nature of the offering that is the subject of this Form D, States cannot is earn can require offering materials only to the extent NSMIA permits them to do
	to be true, and has duly caused this notice to be signed on its behalf by the I attach Signature Continuation Pages for signatures of Issuers identified
Issuer(s)	Name of Signer
Verizon Communications Inc.	Janet M. Garrity
Signatuse	Title
Jan H. Game	Assistant Treasurer
	Date
Number of continuation pages attached: 0	March 5, 2009

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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Item 3 Continuation Page

	First Name		Middle Name
Keeth	M.		Frances
Street Address 1		Street Address 2	
40 West Street			
City	State/Province/Country	ZIP/Postal Code	
New York	New York	10007	
Relationship(s): Executive Of	fficer 🕱 Director 🗌 Promoter		
Clarification of Response (if Necessa	rv)		
	<u> </u>		
Last Name	First Name		Middle Name
Lane	Robert		w.
Street Address 1		Street Address 2	
140 West Street			
City	State/Province/Country	ZiP/Postal Code	
New York	New York	10007	
Relationship(s): Executive Of	ficer 🔀 Director 🔲 Promoter		
Clarification of Response (if Necessa			
Jannication of Response (if Necessal	ַ נער		
			
Last Name	First Name		Middle Name
Moose	Sandra		0.
Street Address 1		Street Address 2	
40 West Street			
ity	State/Province/Country	ZIP/Postal Code	
lew York	New York	10007	
telationship(s): Executive Of	ficer X Director Promoter		
Clarification of Response (If Necessar	y)		
_ast Name	First Name	-	Middle Name
Neubauer	Joseph		
treet Address 1		Street Address 2	
40 West Street			
ity	State/Province/Country	ZIP/Postal Code	
	New York	10007	
lew York	New fork	10007	
·····	ficer X Director Promoter	10007	

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Last Name	First Name		Middle Name
Nicolaisen	Donald		T.
Street Address 1		Street Address 2	
140 West Street			
City	State/Province/Country	ZIP/Postal Code	
New York	New York	10007	
Relationship(s): Executive C	Officer X Director Promoter	•	
Clarification of Response (if Necess	ary)		
. <u> </u>			Address of the second
Last Name	First Name	·	Middle Name
O'Brien	Thomas	Street Address 2	[н
Street Address 1	<u> </u>	Jueer Address 2	
140 West Street City	State/Province/Country	ZIP/Postal Code	
New York	New York	10007	
		d I	
· —	Officer Director Promoter		
Relationship(s): Executive C Clarification of Response (if Necess			
· —			
· —			Middle Name
Clarification of Response (if Necess	ary)		Middle Name
Clarification of Response (if Necess	First Name	Street Address 2	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr.	First Name		Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1	First Name		Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street	First Name Clarence	Street Address 2	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City	First Name Clarence State/Province/Country New York	Street Address 2 ZIP/Postal Code 10007	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O	First Name Clarence State/Province/Country New York Officer Director Promoter	Street Address 2 ZIP/Postal Code 10007	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York	First Name Clarence State/Province/Country New York Officer Director Promoter	Street Address 2 ZIP/Postal Code 10007	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O	First Name Clarence State/Province/Country New York Officer Director Promoter	Street Address 2 ZIP/Postal Code 10007	Middle Name Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O	First Name Clarence State/Province/Country New York Officer Director Promoter ary) First Name	Street Address 2 ZIP/Postal Code 10007	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O Clarification of Response (if Necessi	First Name Clarence State/Province/Country New York Officer X Director Promoter ary)	Street Address 2 ZIP/Postal Code 10007	
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O Clarification of Response (if Necessi Last Name Price	First Name Clarence State/Province/Country New York Officer Director Promoter ary) First Name	Street Address 2 ZIP/Postal Code 10007	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O Clarification of Response (if Necessi Last Name Price Street Address 1	First Name Clarence State/Province/Country New York Officer Director Promoter ary) First Name	Street Address 2 ZIP/Postal Code 10007	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O Clarification of Response (if Necessi Last Name Price Street Address 1 140 West Street	First Name Clarence State/Province/Country New York Officer X Director Promoter ary) First Name Hugh	Street Address 2 ZIP/Postal Code 10007 Street Address 2	Middle Name
Clarification of Response (if Necess Last Name Otis, Jr. Street Address 1 140 West Street City New York Relationship(s): Executive O Clarification of Response (if Necess Last Name Price Street Address 1 140 West Street City New York	First Name Clarence State/Province/Country New York Officer Director Promoter ary) First Name Hugh State/Province/Country	Street Address 2 ZIP/Postal Code 10007 Street Address 2 ZIP/Postal Code	Middle Name

Clarification of Response (if Necessary)

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Item 3 Continuation Page

Item 3. Related Persons (Continued) Last Name First Name Middle Name Seidenberg Ivan G. Street Address 2 Street Address 1 140 West Street State/Province/Country City ZIP/Postal Code New York 10007 New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary) Last Name Middle Name First Name Snow John W. Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): Executive Officer Director Promoter Clarification of Response (if Necessary) **Last Name** Middle Name First Name Stafford John Street Address 2 Street Address 1 140 West Street City State/Province/Country ZIP/Postal Code New York 10007 New York Relationship(s): Executive Officer Director Promoter Clarification of Response (if Necessary) Last Name First Name Middle Name Barish Robert Street Address 1 Street Address 2 140 West Street City State/Province/Country ZIP/Postal Code New York 10007 New York Relationship(s): X Executive Officer Director Promoter

(Copy and use additional copies of this page as necessary.)

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Item 3 Continuation Page

Item 3. Related Persons (Continued) Last Name First Name Middle Name Diercksen John W. Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): X Executive Officer Director Promoter Clarification of Response (if Necessary) Middle Name **Last Name** First Name Kheradpir Shaygan Street Address 2 Street Address 1 140 West Street City State/Province/Country ZIP/Postal Code New York 10007 New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary) Last Name First Name Middle Name Killian John Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): X Executive Officer Director Promoter Clarification of Response (if Necessary) Last Name Middle Name First Name Lynch Richard Street Address 2 Street Address 1 140 West Street City State/Province/Country ZIP/Postal Code New York 10007 New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary)

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Item 3 Continuation Page

Item 3. Related Persons (Continued) Last Name First Name Middle Name McAdam Lowell Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City 10007 New York New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary) Middle Name Last Name First Name Mead Daniel Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): Clarification of Response (if Necessary) Last Name First Name Middle Name Milch Randal Street Address 1 Street Address 2 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary) Last Name Middle Name First Name Reed C. Marc Street Address 2 Street Address 1 140 West Street City State/Province/Country ZIP/Postal Code New York New York 10007 Relationship(s): X Executive Officer Director Promoter Clarification of Response (if Necessary)

(Copy and use additional copies of this page as necessary.)

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Item 3 Continuation Page

Item 3. Related Persons (Continued) Last Name First Name Middle Name P. Ruesterholz Virginia Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary) Middle Name Last Name First Name Shammo Francis Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): Clarification of Response (if Necessary) Last Name First Name Middle Name Stratton John G. Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City 10007 New York **New York** Relationship(s): Clarification of Response (if Necessary) **Last Name** Middle Name First Name Strigt F. Dennis Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York X Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary)

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Item 3 Continuation Page

Item 3. Related Persons (Continued) Last Name First Name Middle Name Tauke Thomas Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): Clarification of Response (if Necessary) Last Name First Name Middle Name Toben Doreen A. Street Address 1 Street Address 2 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York **☒** Executive Officer ☐ Director ☐ Promoter Relationship(s): Clarification of Response (if Necessary) Last Name First Name Middle Name Webster Catherine Street Address 2 Street Address 1 140 West Street State/Province/Country ZIP/Postal Code City New York 10007 New York Relationship(s): Clarification of Response (if Necessary) Last Name Middle Name First Name Street Address 2 Street Address 1 City State/Province/Country ZIP/Postal Code Executive Officer Director Promoter Relationship(s): Clarification of Response (if Necessary) (Copy and use additional copies of this page as necessary.)

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Item 12 Continuation Page

Item 12. Sales Compensation (Continued)

Recipient				_	Recipient CRD Number					٦.					
J.P.Morgan Securities	P.Morgan Securities				79							┛╻	No CF	D Nu	ımber
(Associated) Broker or Dealer	or Dealer None				(Assoc	iated) E	Broker	or Dea	ler Cl	RD Num	ber	_			
													No CR	D Nu	mber
Street Address 1				_ '	Street	Addres	5 2								
270 Park Avenue															
City		Stat	e/Prov	ince/	Countr	у 2	ZIP/Po	stal Co	de						
New York		NY					1001	7							
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Recipient Morgan Stanley & Co.					Recipio 8209	ent CRE) Num	ber] 🗆	No CR	D Nu	mber
(Associated) Broker or Dealer	☐ None				(Assoc	iated) E	Broker	or Dea	ler Cl	RD Num	ber				
										-			No CRI) Nur	nber
Street Address 1					Street .	Addres	s 2								
1585 Broadway															
City		State	Provi	nce/C	ountry	, Z	IP/Po	stal Coc	le						
New York		NY				_ [1	0036								
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Washington, DC 20549

Item 12 Continuation Page

Item 12. Sales Compensation (Continued)

Destricted							
Recipient	Recipient CRD Number						
The Williams Capital Group, L.P.	e Williams Capital Group, L.P.					_	o CRD Number
(Associated) Broker or Dealer	☐ None		(Associated	d) Broker or Dea	er CRD Numbe		
] _ N	o CRD Number
Street Address 1			Street Add	ress 2			
650 Fifth Street							
City		State/Provinc	e/Country	ZIP/Postal Co	de	· ··· · ·	
New York		NY		10019			
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a mayor or market militare mil	Minuse Mills	nely	avar . It	Men The	O Alva	ب ذافة	Kelina: NHAY
RI SC SD	TN 🔲 TX	ur] VT 🔲 '	/A 🗌 WA	□ w =] wi []WY ☐ PR
Recipient Banc of America, LLC (Associated) Broker or Dealer	☐ None		26091	RD Number	er CRD Numbe		CRD Number
(Associated) Broker or Dealer	None		(Associated	a) Broker or Dea	er CKD Numbe	¬	
Street Address 1			[] [] No	CRD Number
One Bryant Park			Street Add	255 2		<u> </u>	
City		State/Province	/Country	ZIP/Postal Cod			
New York		NY		10036			
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